

An Introduction to The Parts of the Human Design Chart

by Elise Harrington

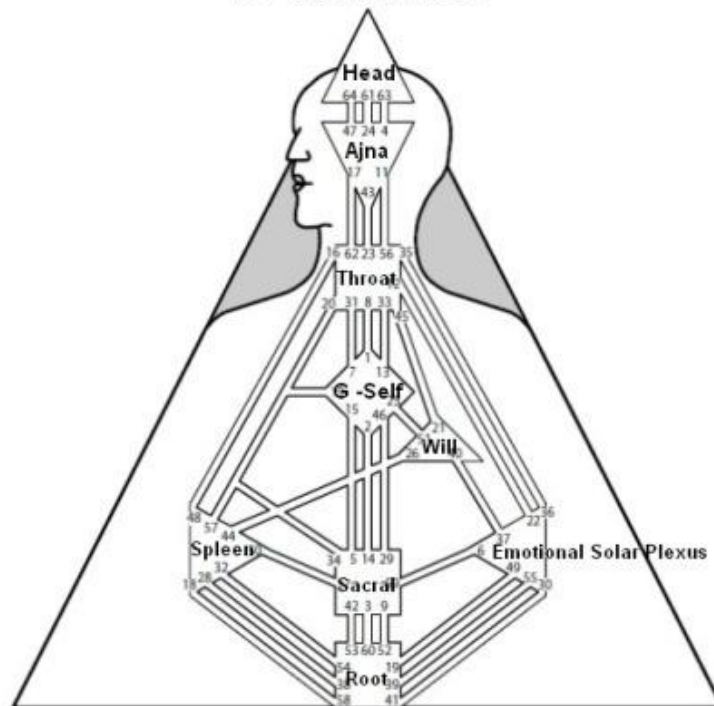
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Understanding the Chart

The Human Design chart, called the Body Graph, is a visual representation of the sum total of human possibilities and energies. The entire archetype of humanity is contained within the structural framework of the chart. In other words, all of the possibilities for the expression of being human are in the chart. The Body Graph shows us the different ways we love, hate, lead, follow, learn, know, grow and so much more!

Not only that, the chart shows your best strategy for fulfilling your purpose, having great relationships, being healthy, making money, and being creatively fulfilled. Your unique chart helps you understand how you work and how to best make your life work for you.

9 Centers

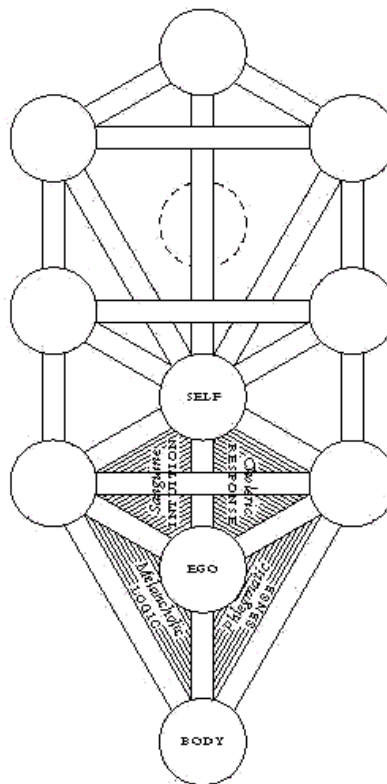


Each individual chart, calculated using your birth date, time and place, is a “map” of how you process energy. The chart reveals your strengths, your potential weaknesses, your gifts and talents. Most importantly, the chart tells the story of who you are, why you are here and how you can live a life that is true to who you really are. You can get your free chart by emailing me at elise@phoenixinstituteinternational.com with your name, address, email, phone, date of birth, time of birth and birth place. These items are required.

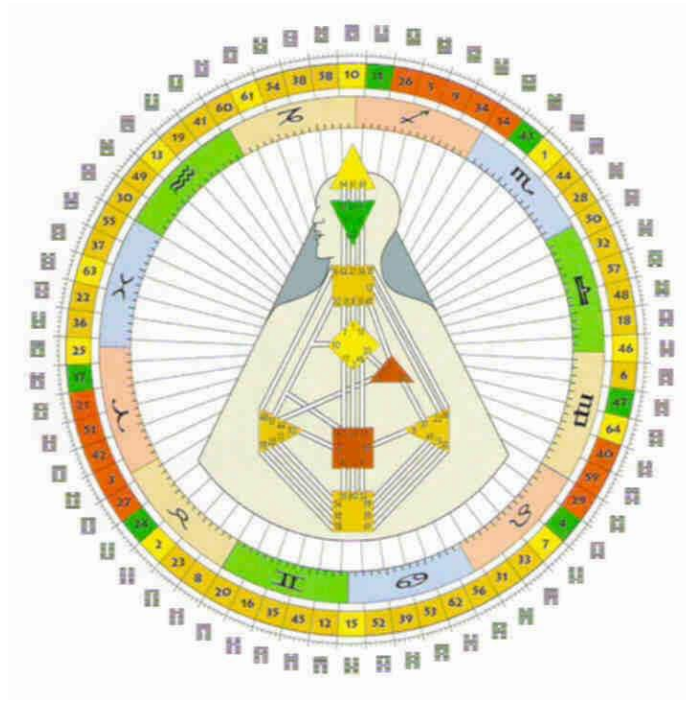
The story of each chart is based on the synthesis of everything in the chart. Each chart is different and unique. It is through the sum total of all the parts of the chart that your personal energy “map” is revealed. If you choose to give yourself the gift of getting a basic Human Design reading, I would be happy to do a session with you (<http://www.phoenixinstituteinternational.com>).

Human Design is rich and complex and involves a lot of data. The system is a synthesis of Eastern and Western Astrology, the Chinese I’Ching, the Kabbalah, the Hindu Chakra System, Bio-genetics, and Quantum Physics.

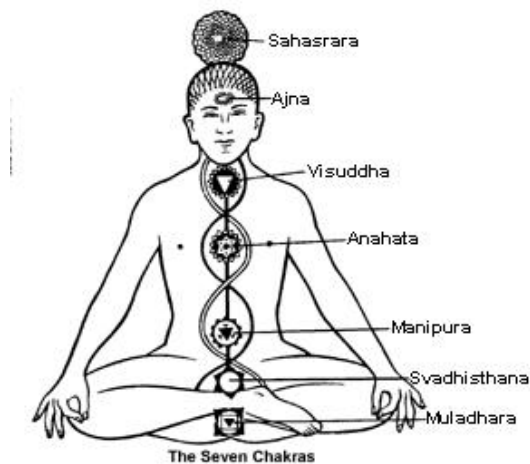
If you look at the chart closely you might find visual evidence of some of the “parts” of Human Design. For example, if you turn the chart upside down it looks very similar to the Tree of Life from the Judaic Kabbalah.



Or you may notice that there are 64 numbers that appear on the chart. These numbers, called “gates” correlate to the 64 Hexagrams from the Chinese I’Ching (see the outer two rings of the complete Human Design “Mandela”, along with the gates listed in each of the 9 smaller “centers” of the larger, triangular-ish central shape called the Body Graph and the “channels” formed between them).



Or, the nine geometric shapes called centers that appear on different parts of the Body Graph, similar to the 7 energy centers of the Hindu Chakra system.



But, even though you can see pieces of these ancient wisdom teachings in the chart, Human Design, in and of itself, is something new and unique, a brand-new tool to help people in a brand-new way.

Synthesis is key to understanding Human Design and each individual chart. At its root, Human Design is a tool that teaches us about the power and possibility of evolution in mankind on a personal, relationship and collective level. The real beauty of Human Design is truly in the unification of all of its unique scientific and esoteric components.

The actual chart is also a synthesis of several parts that play together to give an overview of each individual. In order to “see” the big picture of a chart and to make learning about Human Design easier, we have to start first with taking the chart apart, piece by piece.

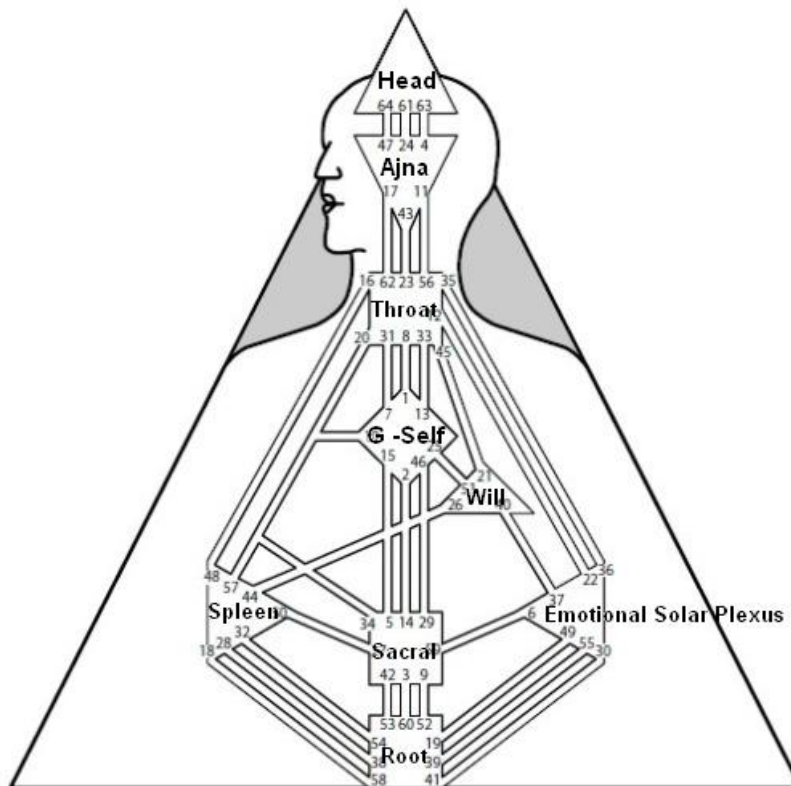
Thus, I will break down the parts of the chart into their individual components so you can begin to understand how the different pieces fit together.

Some of the individual pieces of the chart have energies that are similar but different on a subtle level. Please understand that, as you learn about each part that we are, to a certain degree, taking pieces of the chart out of context. Each piece is important but the full expression of each part will depend on what else is in your unique chart.

The Nine Energy Centers

The first thing you will notice when you look at your chart is that there are nine geometric shapes. These shapes are called the nine centers. Each center carries and manages a certain frequency of energy and relates to specific themes in our lives.

9 Centers



If a center is colored in, then it is called “defined”. A defined center has a consistent way of operating and is part of who you are. This is the energy that you radiate out into the world. It operates the same way energetically and thematically.

If a center is white, then it is called “undefined” or “open”. Open centers are where we take energy and information in from the world around us. Not only do we take in energies in our open centers, we amplify them. In our open Centers, we experience others and it is in these open centers that we have potential for great wisdom but, also the potential for pain and confusion.

Your defined centers represent aspects of your personality that are consistent and true about your personality all the time. It can be raining, Mercury can be in retrograde, Mars can disappear out of the solar system, but your definition always stays the same.

Undefined areas represent aspects of your personality that are inconsistent. Where you are undefined is where you take in energy and information from other people. Not only do you take it in, you amplify it. For example, if you have an undefined emotional solar plexus (the triangle on the lower right hand side of the Body Graph), you take in other people's emotions and you feel them stronger than the person actually generating the feelings.

Emotionally undefined individuals are empathic. With awareness, this empathy can be a great source of wisdom. Any center where you are undefined is potentially a great source of wisdom.

To illustrate this, let me give you an example that my teacher and Human Design mentor, Karen Curry, shared. She has an undefined emotional solar plexus. She dislikes going to movies because she cries her eyes out every time. One of the movies she saw in a theatre was "Spirit, Stallion of the West," a Disney animated movie. She said she cried so hard during the whole movie that her nine-year-old daughter got up and moved to another seat because she was so disgusted by her mom's behavior. She said "Honestly, it wasn't THAT sad of a movie". What she now understands is that her open emotional system was taking in all the emotional energy in the theatre and amplifying it. She was crying the tears for the whole theater.

When I was racing bicycles and competing in 5-day adventure races, I became known as the "Ice Queen" or "Robot Girl" because I didn't understand my Human Design. I had to totally shut down my feelings, freeze them out, to be able to compete at that level. Otherwise I would feel all the pain my body was experiencing along with the suffering of others. When I went back to 'real life', that emotional shut-down continued, impacting my personal and professional life. Now I live much more true to my design-my undefined solar plexus, screening through others' emotions, feeling them but not holding onto them, while still feeling my own, which has been beneficial to my personal, social and professional lives. One downside is that I still compete in ultra-running races at a much lower level, but I now feel what my body is going through and it can be much more difficult to press on in the face of that physical and emotional discomfort. I see a day where I no longer race, but still get out in nature, on a slower schedule where I sleep at night and everything :)

Children who are emotionally undefined sometimes get labeled as being "dramatic". This is because they take in all the emotional energy from the people around them and they tend to act it out. I often see emotionally undefined children labeled as "disturbed" when they are, in fact, acting out the emotional health of their family or even emotional drama in their parent's marriage.

The beauty in the defined and undefined centers lies in the fact that individually we are all simply puzzle pieces--parts of a greater whole. We all become completely defined when we are all together. We each bring pieces that energetically unify us all and offer us the opportunity to express all of the human experience.

You sense this when you go to a restaurant or a coffee shop. The human designs of the customers and the staff blend together to make a collective aura.

Your definition comes from the position of the Gates and the planets at the moment of your birth

The Numbers and Planets on the Chart

On the left hand side of the chart or flanking either side of the body graph (depending on which software was used to receive your free Human Design chart) you will see a series of red and black numbers and planetary symbols.

Numbers and Planets



You might also see that there are two birthdates located on your chart. The birth date in black is your actual birthday, called your Conscious Birthday in Human Design. (And on some charts, the birthday may be in European format, i.e. day/month/year.) The red birthday is called your Unconscious Birthday.

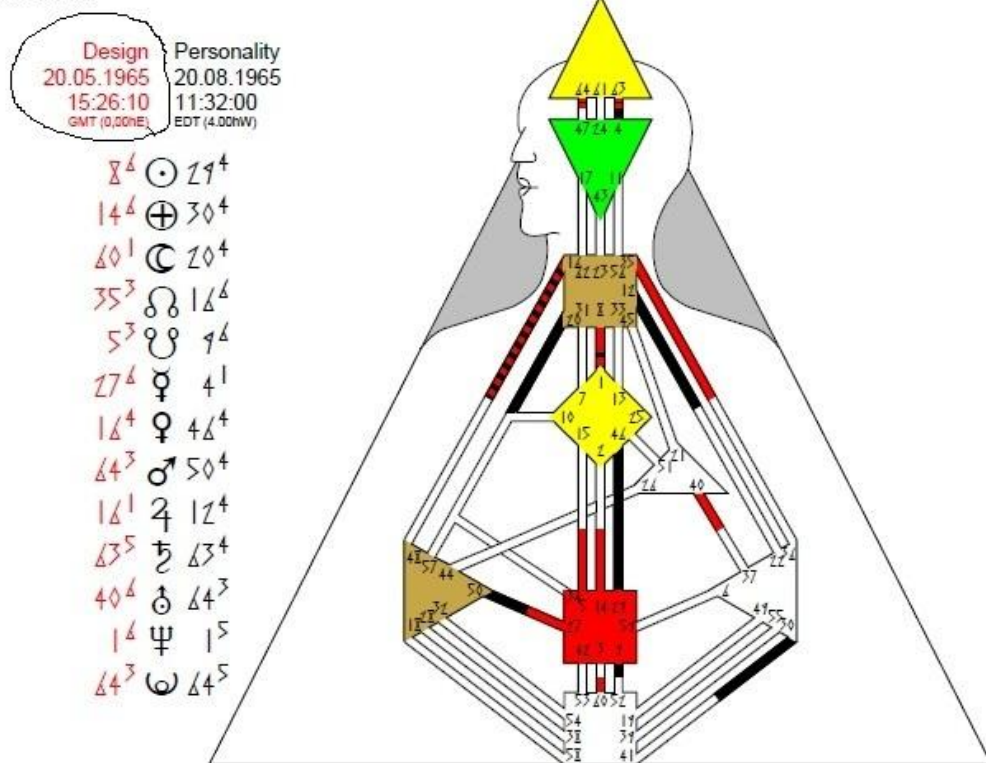
Two Birthdates



The numbers in **BLACK** are calculated on your actual birthday. This is your Conscious Design referred to on your chart as your 'Personality' (shown written in black). The elements on the chart that are black are aspects of your personality that you are consciously aware of and, to a certain degree, have some control over.

The Unconscious Birthday (the one in **RED**) is calculated approximately 88 astrological degrees from the moment of your birth (roughly three months prior to your birth). This is the design of your Unconscious Personality and is referred to on your chart as your 'Design' (shown written in red).

Unconscious

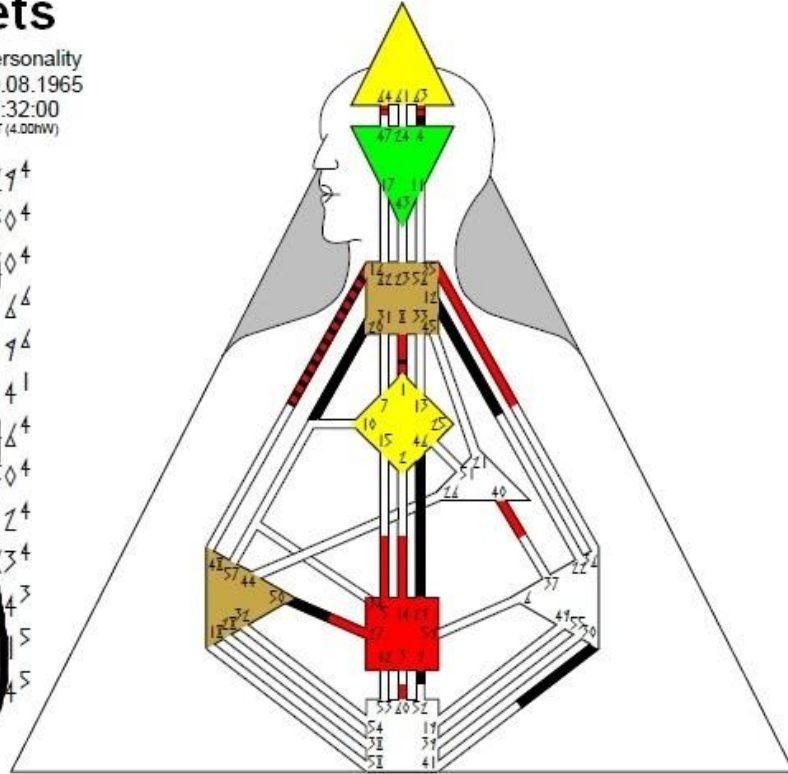


Your Unconscious Design Personality is defined by the red elements on the chart and represent aspects of your personality that are consistently part of who you are but are unconscious, meaning you don't really have much control over these parts of your personality. Usually, with age, we become more aware of our Unconscious Personality. Your family and loved ones also usually know the Unconscious elements of who you are.

The planetary symbols indicate the astrological position of the energies in your chart at the moment of your birth. Each planet and it's associated conscious and unconscious gate signifies an aspect of your personality; for example, gate 46 in Venus as shown in the chart above, is reflected differently in your personality than gate 46 in any other planet or node. Your birth chart is fixed and does not change during the course of your whole life.

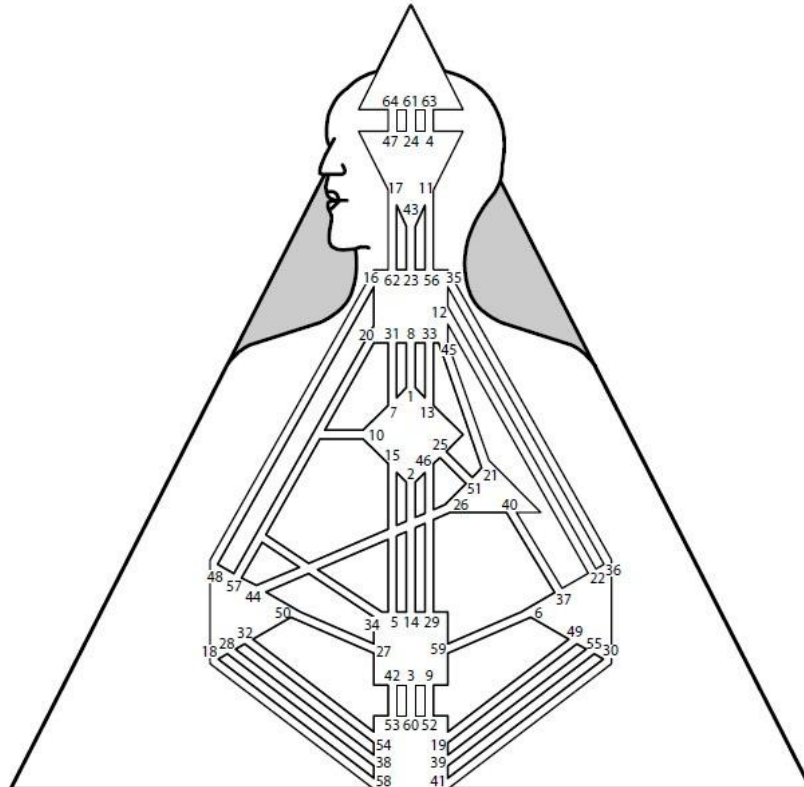
Planets

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 Personality 20.08.1965
 15:26:10 GMT (0.20hE) 11:32:00 EDT (4.00hW)



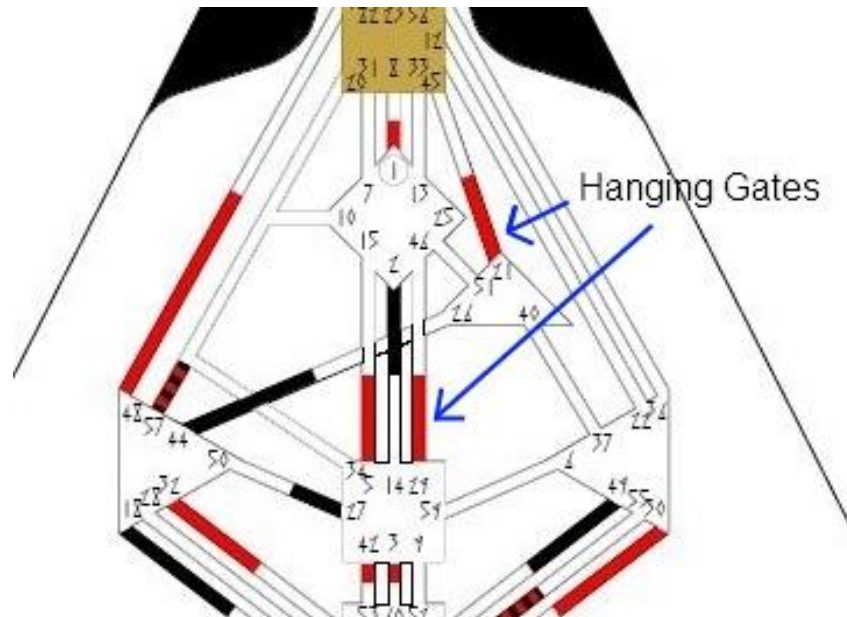
The Channels

The next thing that you may notice on your chart is that it is covered with lines, some of them colored red, some black, some checkered black/red and some totally white.



Lines that span all the way between two centers are called Channels. If you have a line that is all the way colored in then the centers on either end of the channel will be defined (colored in). An open (white) center has no fully colored channels attached to it.

When only one Gate in a Channel is defined, it is called a Hanging Gate:



A Hanging Gate is always attracted to people who have the other half of the Channel. This is called electro-magnetic attraction.

There are 32 channels in the Human Design body graph. Each channel has two halves called Gates. There are a total of 64 Gates.

The 64 Gates correlate to the 64 Hexagrams in the Chinese I'Ching (and also directly to the 64 Codons of DNA, proven in the last 20 years).

Each active Gate in your chart adds a different "flavor" to your personality.

You may notice that some of your Gates are colored in differently. Gates colored Black carry personality traits that you are consciously aware of. So for example, if you have the gate 11 coming out of the Ajna Center towards the throat colored black, then you would be consciously aware that you have a lot of ideas! The black gates are derived from the black numbers on the right of your body graph chart.

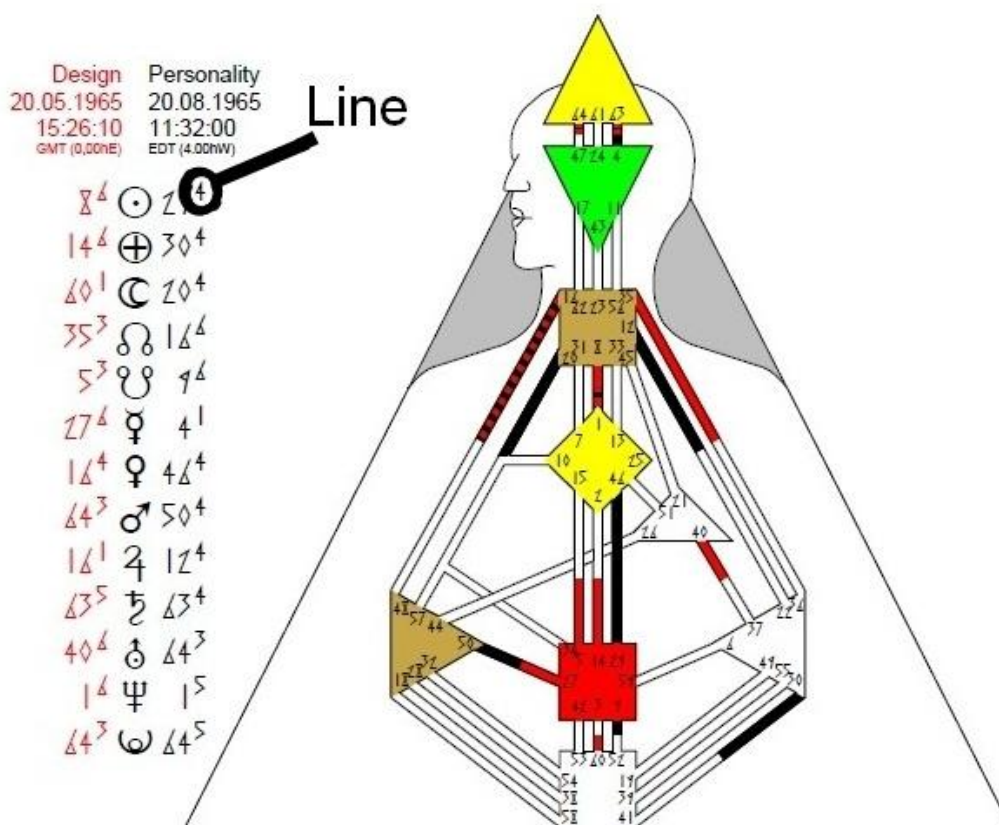
Some of the gates on your body graph may be colored red. The red gates are derived from the red numbers on the left side of your body graph.

So, for example, if you have the gate 13, The Gate of the Witness, unconscious (red), then you may not be aware that your energy field communicates to others that they are safe to share their secrets with you. You probably have no idea why people are always coming up to you, out of the blue, and telling you their deepest, darkest secrets.

If you have checked gates you express those particular personality aspects both in your conscious and unconscious definition. A white line represents an “open” gate. You will always take in the energy of that gate from the world around you, and its expression through you will be inconsistent depending on your environment and the people you are around.

When you look at the numbers on the left side of the body graph, you will see that each gate number has a smaller number next to it. For each gate there are six different "lines", each line being a further expression of your uniqueness.

The lines of the gates do not show up on the body graph; their meaning can be revealed to you during a Human Design analysis. You can refer back to the traditional Chinese I’Ching to gain more insight into each gate.



Type

When you look at the bottom of your chart, you will see your type listed. There are five types in the Human Design system. Each type has a specific strategy for making powerful decisions.

THE FIVE TYPES

The easiest way to begin benefiting from Human Design concepts is to know one’s Type and to follow the strategy for that type. In the Human Design System there are five personality “Types”, each with a unique strategy for making decisions. Knowing your Type can help you develop confidence and trust in your capacity to make reliable decisions for yourself.

The five Types are called the Manifestor, the Manifesting Generator, the Generator, the Projector and the Reflector. Each Type has a different role to play when interacting with others and the world.

The Manifestor

The first Type is called the Manifestor. Approximately 8% of people are Manifestors. Manifestors can initiate action without waiting. Manifestors are energy beings that possess tremendous initiating power but they have to use their power carefully or risk angering others. Their purpose in life is to initiate action.

If a Manifestor decides to start a business, for example, all they have to do is decide on the right timing and then just do it. All of the other types have to wait before they can take action.

In spite of the fact that most of us think we would love to be Manifestors, being a Manifestor can have its own challenges. Many Manifestors have struggled to learn to use their power appropriately and may be conditioned to hide their power or suppress it.

Manifestors must learn how to channel their energy properly or they will face tremendous resistance in life. Properly channeled, Manifestor energy often gives the other four Types something to respond to. Some famous Manifestors include Jennifer Anniston, George W. Bush, Jack Nicholson, Susan Sarandon and Richard Burton.

The Generator and the Manifesting Generator

The next two Types are called Manifesting Generators and Generators. Together these two Types comprise 67% of the population. These two Types are the only Types who possess a special energy center called the Sacral Center.

For both the Manifesting Generator and the Generator, the most important thing in life is finding the right work. If a Manifesting Generator or a Generator is not working in the right job, he will burn out. When these types find the correct work their Sacral Center supplies them with a virtually inexhaustible source of energy.

Manifesting Generators and Generators have to wait for something to respond to before taking action. Most of us are taught to "just do it".

If we are Manifesting Generators or Generators we can experience deep frustration if we try to initiate things. For Manifesting Generators and Generators, waiting for something to respond to is crucial for ensuring success in life and avoiding burn out from committing to the wrong work.

For example, a Generator who is a workshop facilitator might desire to teach a particular workshop. If this person decides to initiate this workshop without anything to respond to other than their own mental urgings, most likely they will find that the workshop turnout may be low.

But, if instead, this Generator waits until someone suggests that they teach a workshop, they have something to respond to and the outcome of the workshop will probably be much different.

Of course, waiting can feel very challenging for these energy types. It does not feel natural for most people to wait and see what life brings. If you are a Manifesting Generator or a Generator, experiment with waiting, even if it is for just a few days and see what happens!

Your energy field communicates to the world that you need something to respond to. When the Manifesting Generator and the Generator wait, things always come to them in the right time and the right way.

Even though these two types are similar in how they must wait to respond in order to make decisions, there are some interesting differences between them.

Manifesting Generators have some of the energy characteristics of Manifestors. They tend to respond more quickly to situations than a pure Generator.

Manifesting Generators may also have to "test drive" their response to situations that come to them in order to see if they are correct. Because of this characteristic of trying out responses, Manifesting Generators can seem as though they are changing their minds frequently.

Pure Generators act more deliberately when they respond, and they usually know what is correct for them to do without having to try it out first. Some famous Manifesting Generators and Generators include Madonna, John Lennon, the Dalai Lama, Hillary Clinton, Oprah Winfrey and Timothy Leary.

The Projector

The fourth personality Type in the Human Design System is the Projector. Projectors represent about 24% of the population.

Projectors can become the natural managers and leaders of the world. Projectors do not carry energy in their own personal energy field, but instead take in the energies of others and manage it. Projectors have to wait to be recognized and invited into the major events in life, such as love relationships, career and right place (where they live).

If an invitation feels good for a Projector and he/she accepts it, he/she channels an enormous amount of energy and power into that situation. He/she can then use that energy to manage others and the world around them.

Projectors, for all their wisdom, can have a frustrating and debilitating life process if they try to push themselves and initiate action. A Projector simply does not have the energy to "just do it", and if they try to initiate like a Manifestor, or work steadily like a Generator, they will burn themselves out very quickly.

The challenge for the Projector is to trust that the right invitations will come to them, and to wait for those invitations. Sometimes Projectors wait months or years for the right invitation.

Because they are “non energy” types and they are not here to work steadily like the Generator Types, the Projector Types may receive a lot of judgment from others and be perceived as "lazy" when, in fact, it is literally unhealthy for these types to initiate any kind of action or to work at the wrong kind of jobs on a steady basis. They usually can't sustain the energy flow on their own.

Projectors are here to deeply understand others. Projectors can be powerful resources if they are recognized and used properly. A Projector can, simply by watching an energy type, intuitively know how that other person can maximize their energy and their potential. This makes them natural coaches and mentors. Projectors are here to be recognized and invited by others.

Many Projectors are magnetic, charismatic recipients of amazing invitations. Ringo Starr is a Projector. He was literally “invited” to join The Beatles after one of the original band members left the band. Other famous Projectors include Steven Spielberg, John F. Kennedy, Paul McCartney, Fidel Castro, Karl Marx and Demi Moore.

The Reflector

Reflectors are the rarest of the types. Less than 1% of people are Reflectors. The Reflector is here to "mirror" or reflect the health of the community around them. A Reflector is extremely open to all kinds of energy. The Reflector takes all the energy from the world around him deep into his own energy system and then reflects it back out.

If you are a Reflector and you are happy, then where you are at the moment is a happy place. If you are a sad Reflector then the community or the world around you is sad.

Because Reflectors are completely open, they can become very deeply wise about others and the world around them. Reflectors take in so much energy and information that it can take them a while to make decisions.

A Reflector needs to wait 28 days, the full cycle of a moon, before they can feel certain about their decisions. Sometimes, they have to wait out two or more moon cycles until they know a decision is correct for them.

Reflectors need to talk about their decisions to everyone. Because they are always taking in information and processing it, it can be difficult for the Reflector to know themselves. Reflectors have to see their decisions reflected through others in order to know what to do. Famous Reflectors include Michael Jackson, Uri Geller and Roslyn Carter.

Strategy

Your strategy comes from your Type. Strategy is the most important knowledge offered by your Human Design Chart. Your strategy is basically your personal way to make effective decisions.

It gives you key information about how to operate your human vehicle in the world, how to make the right choices for you, and how to recognize when you are on the right path in life.

Following your strategy offers you the opportunity to experience events and circumstances that are correct for you. Not following the strategy for your type brings events and experiences into your life that may not be correct for you.

Learning to follow strategy (and authority) effectively can take months or years of practice. Some people will benefit from coaching by a Human Design Specialist who can provide them with feedback, guidance, and encouragement. I offer this service to a maximum of five clients/year; contact me at elise@phoenixinstituteinternational.com if you have questions or interest.

Follow your strategy and you will truly fulfill your Personal Destiny.

Authority

Authority refers to an aspect of your design that influences your decision-making strategy. Although decision-making is tied directly to your strategy, your authority flavors the way you use your strategy.

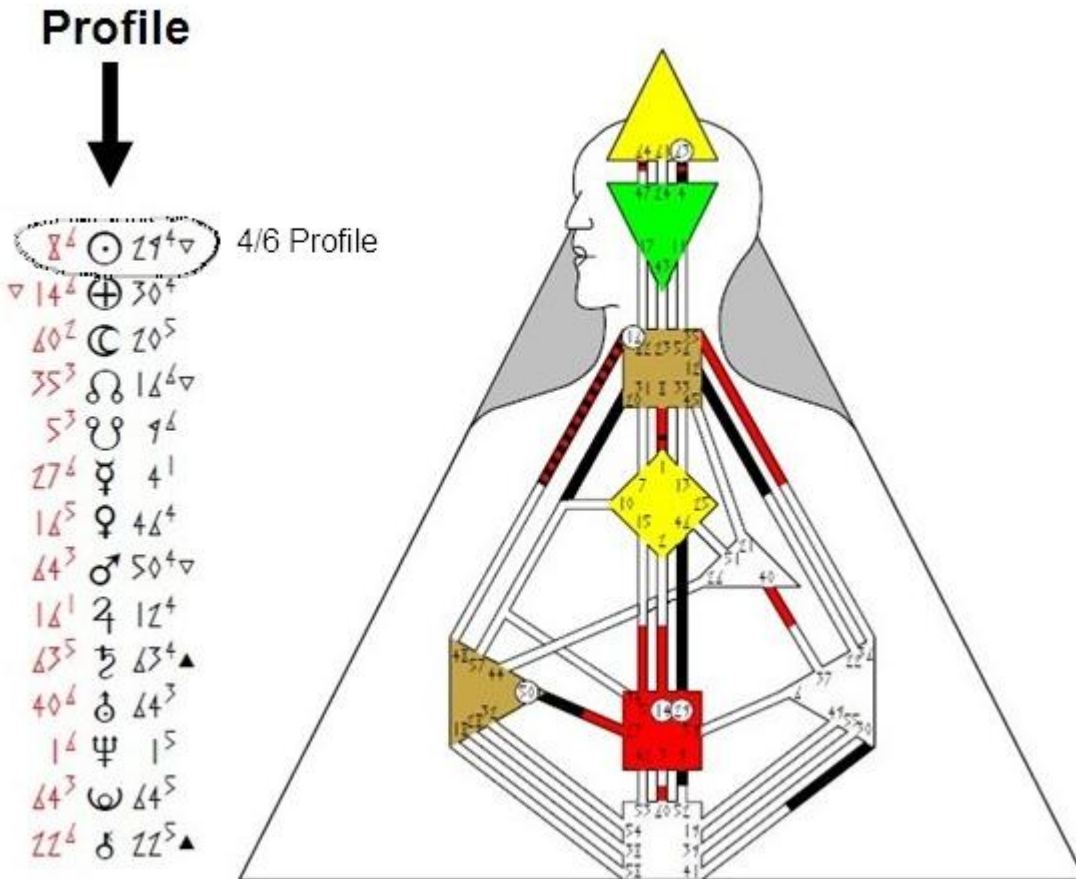
Authority is determined by certain centers in your personal body graph that will have the most powerful influence on you when you make decisions. Not all centers carry authority, so your personal authority will depend on your type and your definition.

Authority will also depend on your life conditioning and your level of emotional well-being. When you receive a Human Design analysis, you are taught to understand patterns of pain and behaviors that may be keeping you from living out the beauty of the mythology of who you really are.

With cognitive awareness of old patterns, you begin to heal and transform these energies into deep sources of wisdom. The more you clear your old energy patterns the more effectively your natural decision making skills (your authority) can function. You can then begin to use your authority along with your strategy to help you make better decisions for your life.

Profile

There are twelve different personality "Profiles" in the Human Design system. We derive an individual's profile from the lines of the gates in his or her conscious and unconscious Sun sign.



The Sun sign is the first sign on a chart under the "Design" and "Personality" columns. The lines are the little numbers just to the right of the big numbers. They look like exponents or a number being raised "to the power of" in mathematics.

Profiles tell you about major life themes that you will encounter, and they illustrate another way in which your personality interacts with the world. Everyone comes into the world with a specific profile and purpose. Knowing your profile can help you see some of the themes that you will encounter as you move toward fulfilling your purpose.

Each number in a profile has a specific meaning. The first number in your profile is an element of your personality that you will be consciously aware of. The second number in the profile may be unconscious and more hidden from you.

The twelve Profiles are derived from the six possible lines of a particular gate. Each of these six lines represents a different archetype or style of behavior. Your profile can be thought of as an explanation of your conscious and unconscious archetype and the themes associated with that archetype. Most people are aware of their unconscious profile but because it is unconscious, they do not have a lot of real control over the expression of it.

Definitions of the Lines

Here are basic definitions for each of the six Profile Lines:

Line 1 - Investigator

Line 2 - Hermit

Line 3 – Martyr

Line 4 - Opportunist

Line 5 - Heretic

Line 6 - Role Model

The twelve Profiles listed below are combinations of two of those lines (the “conscious” line followed by the “unconscious” line).

1/3 Investigator/Martyr

1/4 Investigator/Opportunist

2/4 Hermit/Opportunist

2/5 Hermit/Heretic

3/5 Martyr/Heretic

3/6 Martyr/Role Model

4/6 Opportunist/Role Model

4/1 Opportunist/Investigator

5/1 Heretic/Investigator

5/2 Heretic/Hermit

6/2 Role Model/Hermit

6/3 Role Model/Martyr

A Human Design session will include how your profile affects you and your life.

Emotional Theme

Each Human Design Type has an emotional theme. The emotional theme is simply part of a person’s life and brings them lessons and opportunities for growth. When you experience your emotional theme in a strong way, it’s usually a sign that you are not living true to yourself. It’s always good to take a step back and evaluate your life if you’re feeling your emotional theme in a powerful way.

When you live your life according to your Human Design strategy, you lessen the intensity of your experience of your emotional theme. You might feel it here and there but it won’t be a roaring monster that dogs you day and night. Following your strategy makes your entire life experience easier and more enjoyable.

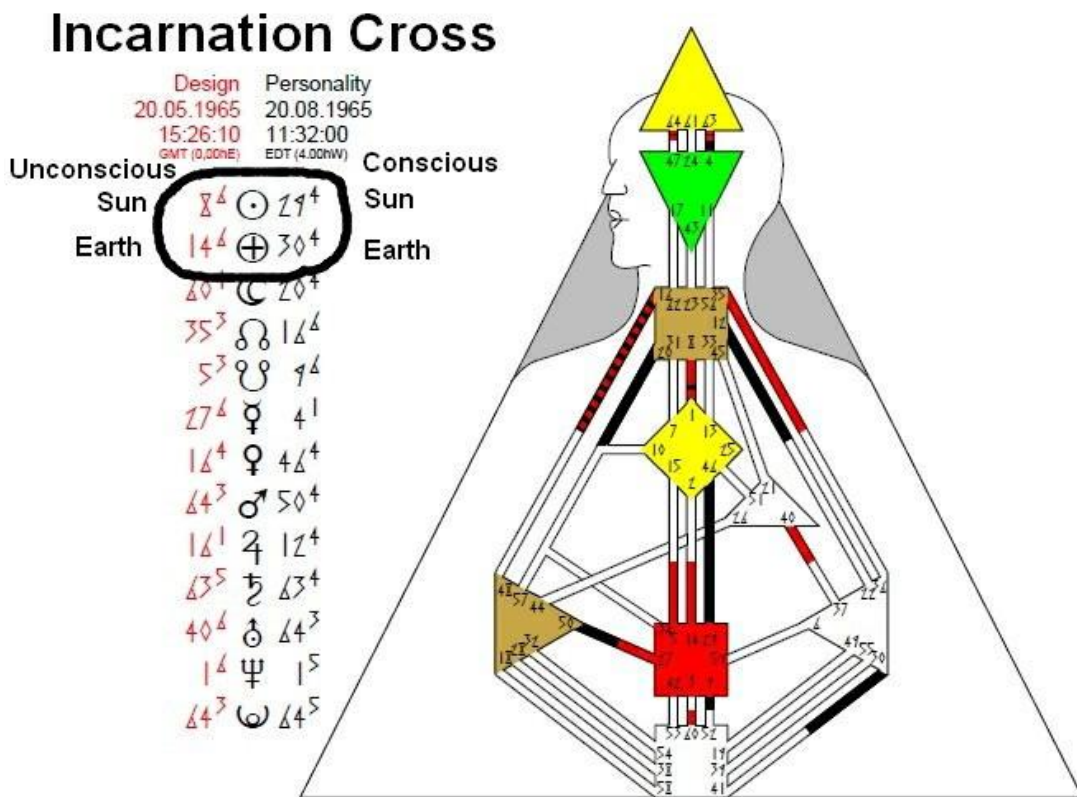
The emotional theme is thematic. That means that you will either be experiencing the emotions of your theme yourself, or you may be experiencing them in other people around you who are responding to your behavior.

So, for example, if you are a Manifestor Type, the Manifestor has an emotional theme of anger. A Manifestor has a strategy of needing to inform people before they do things (a hard thing for a Manifestor...). It can make a Manifestor feel a little angry that they have to inform before they do but they will experience a lot less anger directed AT them if they inform first.

Emotional themes, and how they impact you and your life, are included in a Human Design session.

Incarnation Cross

The final piece of the chart that ties the whole thing together is called the Incarnation Cross. The Incarnation Cross is comprised of the energies that make up the Conscious and Unconscious Sun and Earth in the chart.



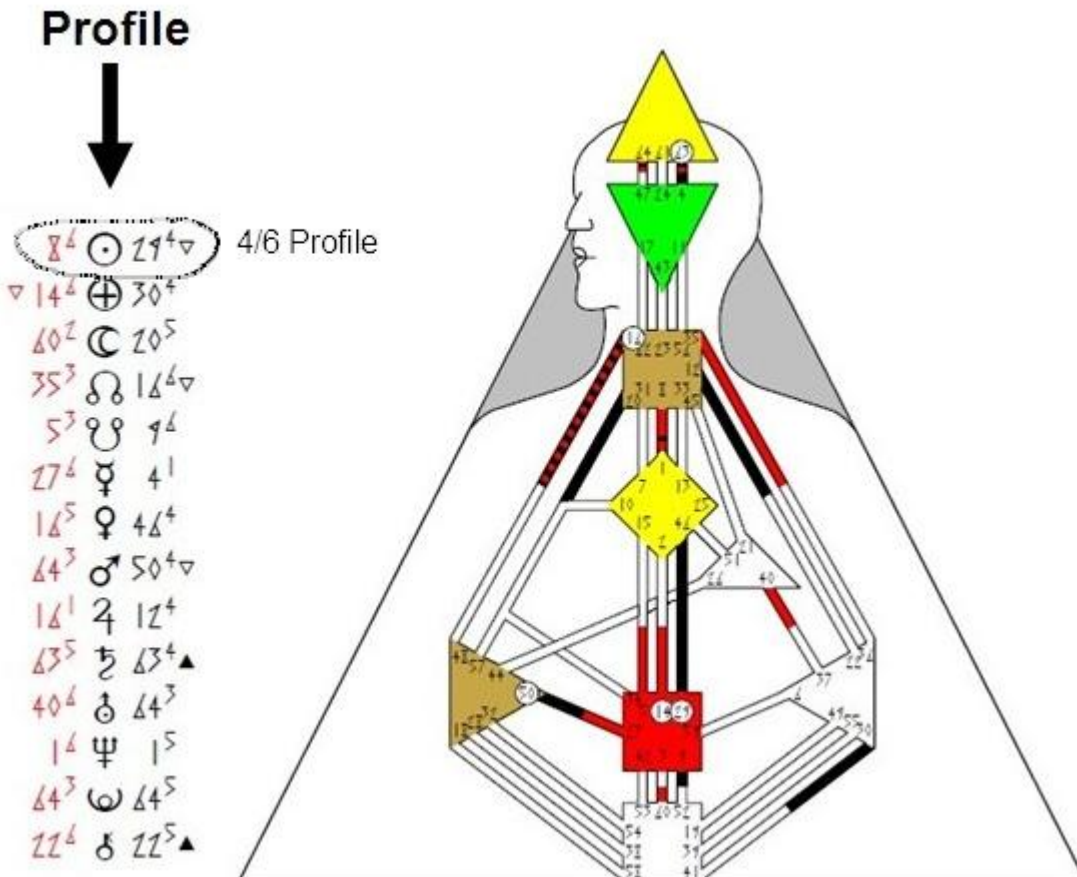
These four energies combined comprise about 70% of the personality expression of a person. The Incarnation Cross in a chart is basically the archetype of a person. It tells us who they are, what they are driven to do, a large part of their built-in life conundrums to master, and ultimately their destiny, if they choose.

There are 192 Incarnation Crosses, each one a reflection of the solar and earth transits. The Incarnation Cross gives us much more information than a mere sun sign in astrology. It offers a deeper explanation for the path of a soul and the journey of a life time.

Definition

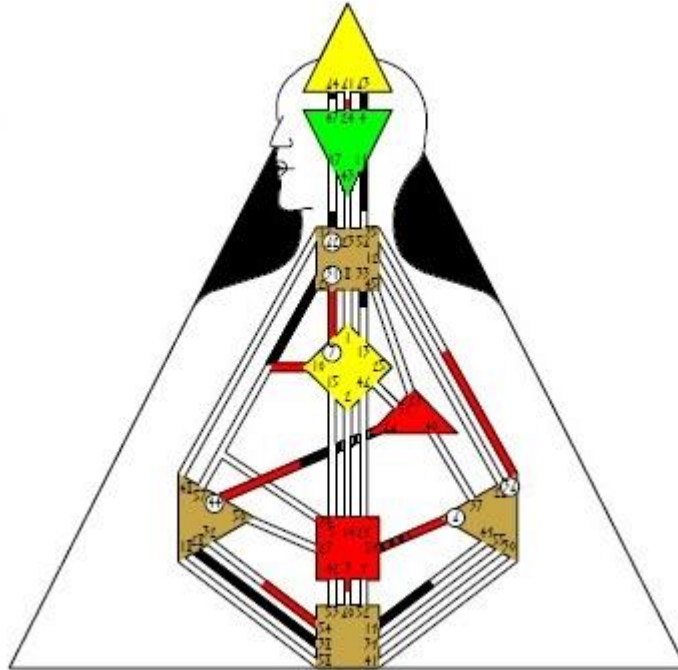
Definition of the chart refers to the connections between Centers. Single Definition means that all of the Centers that are colored in or defined in the chart are all connected together.

Split Definition means that there are two distinct groups of Energy Centers that are connected within the group but are not connected to each other. Here is an example of a Split Definition below.



Triple Split Definition means that there are three distinct groupings of Energy Centers that are independent and not connected to each other.

Quadruple Split means that there are four distinct groupings of Energy Centers that are independent and not connected to each other. People with Quadruple Split definition are fairly rare. Here is an example of a Quadruple Split Definition below.



An energy Split can make you feel like you have certain very distinct different aspects to your perception of yourself. For example, in this chart, you may feel like you have a very powerful mind and can get “lost in your head” but that you also have an “earthy” and kind of primal part of your personality as well.

In relationships, you are often attracted to partners who have the Gates that “bridge” your splits, and thus become defined so that, in that particular relationship, you feel “whole” or like all the parts of yourself are unified, which is indeed what happens, at least energetically.

Conclusion

The parts of the chart are each, in and of themselves, important and give key insights into a personality. Understanding each part and the role it plays in the story of your life, helps you put together a bigger picture and deeper understanding of who you truly are.

Remember that each part is a piece of a whole. While we have to “take the chart apart” in order to understand all of its key pieces, the real beauty in the chart is in the synthesis of all of the parts. The true story of who you are is revealed when all of the pieces come together.

A Human Design session gives you a practical guide to deepening your awareness of your True Self and strategies to begin embracing all that is right about you and your life. As a Human Design Specialist, my intention is to support you in connecting with your authentic self in a new and empowered way and to help you stay resilient during times of change.

Please visit: <http://www.phoenixinstituteinternational.com> to access my contact information for questions, to set up a Human Design session, or learn about my other services.